'The headspace Way'



This is 'The headspace Way'

At headspace, we are inspired by and believe in the power of youth. We work together to deliver authentic, progressive and inclusive services to build a brighter future with young people. We know where we're going, we're guided by our values, and we're committed to getting there together.

This is what

Inclusion

We have a welcoming, safe and inclusive work environment - we believe that there is

This is how we behave

strength in difference

Be Respectful

Listen

Be Supportive

Be Yourself

Collaboration

We share information and work collaboratively. internally and externally, to deliver great outcomes with young people

Work Together

Connect

Communicate

Set Expectations

Agility

We are agile and innovative in our approach, so that we continue to meet the changing needs of young people

Growth Mindset

Problem Solve

Excellence

We have dedicated people who are empowered to deliver on our promises so that we can provide professional, high quality services

Achieve

Celebrate Success

Be Reflective

How we live 'The headspace Way'



Inclusion

Be Respectful

We appreciate diversity of people and ideas and treat each other with respect and professionalism

Listen

We give our full attention when others are talking and listen with an open mind

Be Supportive

We support, trust and care for one another, we look out for each other and we encourage self-care and compassion

Be Yourself

We are authentic and grounded, we have fun and bring our whole selves to work

Collaboration

Work Together

We work as a team with external and internal stakeholders, sharing information, learnings and resources to achieve our common goals

Connect

We build meaningful relationships through social connections across and within teams

Communicate

We build trust and understanding through regular, open and honest communication – we don't avoid challenging conversations

Agree Expectations

We agree to clearly say what we expect from others, what others can expect from us, and we stick by our word

Agility

Keep Learning

We are curious and open about what we don't know, and we develop our people

Growth Mindset

We are open to challenges, feedback and new ideas, embracing the unknown and igniting the potential to innovate and change

Be Courageous

We stand up for what we believe in, we are nimble in our response to change and take smart risks

Problem Solve

We anticipate challenges, remain at the forefront and bring a solution focus

Excellence

Achieve

We set ambitious challenges for ourselves, we achieve the goals we set, and we give 100% to get there

Celebrate Success

We acknowledge effort, great work and we celebrate as a team

Accountable

We are empowered to deliver on our promises, have a can-do attitude and fulfil our commitments

Be Reflective

We embrace reflective practices and apply a continuous improvement approach with our people, processes and services