

# headspace Wonthaggi is looking for young people to join our Youth Advisory Group



Are you aged between 12 and 25 and live, work or study in South Gippsland/Bass Coast? Do you have something to say about youth mental health?

Apply now to be a part of our Youth Advisory Group (YAG)!

## What does the YAG do?

- Acts as a youth voice for the headspace centre
- Assists in leading and supporting projects in the local area
- Discusses and evaluates headspace services, groups and activities
- Provides peer support and mentoring
- Promotes the headspace service to local young people, including assisting with warm referrals.

## By getting involved, you will:

- have the opportunity to have your say and direct youth mental health services in your local community
- receive training from headspace to support you to participate in the above groups and activities
- develop new skills
- meet and work with other young people who are passionate about youth mental health, physical health, alcohol and other drug and work and study support
- make a difference to youth mental health
- and of course, have some fun!

## How do I get involved?

Complete the application form and send it back to headspace Wonthaggi by:

- emailing it to [info@headspacewonthaggi.org.au](mailto:info@headspacewonthaggi.org.au)
- or, posting or dropping it off at our centre, located at 5b Murray Street, Wonthaggi 3955

## Who can apply?

Anyone aged between 12 and 25 who lives, works or studies in South Gippsland/Bass Coast.

We want you to apply if you:

- have had your own experiences of feeling depressed, anxious or another mental health issue
- have a friend or family member who has/or had a mental illness or drug addiction
- feel passionate about and are interested in mental health issues

**This group is keen to hear the voices of all young people.  
If you think this group is for you - please apply!**

# Youth Advisory Group Application Form

Your details	
1. Name	
2. Mobile	
3. Email	
4. Address	Street: Town: Post code:
5. Date of birth	
6. Pronouns (optional)	
7. Are you of Aboriginal or Torres Strait Islander origin?	<input type="checkbox"/> Aboriginal <input type="checkbox"/> Torres Strait Islander <input type="checkbox"/> Aboriginal and Torres Strait Islander <input type="checkbox"/> Neither <input type="checkbox"/> Prefer not to say
8. What language(s) do you speak at home?	
9. Where were you born?	
10. Are you from a rural or remote area?	
11. Do you have a family member with a mental health problem?	
12a. Do you identify as currently or previously having a mental health problem?	
12b. Is this something that you would be happy (and feel comfortable) talking about?	

About you

<p><b>13. Tell us a bit about yourself</b></p> <p>For example: I am 15 years old and attend school/work/other study and I like skateboarding/singing.</p>	
<p><b>14. Please describe why you are interested in becoming a YAG member for headspace Wonthaggi?</b></p>	
<p><b>15. What skills and ideas could you bring to the group?</b></p>	
<p><b>16. Are you involved in any other groups or organisations?</b>  <b>If yes, which ones and what is your involvement?</b></p>	<p><input type="checkbox"/> Yes    <input type="checkbox"/> No</p>

**More information**

Applicants over the age of 14 must apply for a current Working with Children Check. This is FREE for volunteers, and our Community Engagement Officer can support you through this process - it's easy!

Applicants over the age of 14 must also undergo a current and satisfactory Crimcheck (National Police Check). This is at the cost of headspace Wonthaggi and our Community Engagement Officer can support you through this process as well.