**Applications are now open for the:**

**headspace Redcliffe Youth Reference Group**

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| **Are you aged between 16 and 25 and live in or around the Redcliffe region? Do you have something to say about health, mental health and drug and alcohol issues?****What is the headspace Redcliffe Youth Reference Group?****headspace** Redcliffe is providing young people with the opportunity to be heard and be active around youth mental health and alcohol and other drug issues. There are a number of roles you can play in a **headspace** local reference group, including:* Leading a project in your local area
* Website consultation and development
* Research and evaluation of **headspace** services
* Consultation around resource development such as factsheets, brochures, radio ads etc.
* Peer support and mentoring
* Media Spokesperson

**By getting involved you will:*** Have the opportunity to have your say and direct youth mental health services
* Develop new skills
* Meet and work with other young people who are passionate about youth mental health
* Made a difference to youth mental health

**headspace** Redcliffe will provide some training to support you to participate in the above groups or activities.**How do I get involved?**Complete the application form and email it to **headspace**.Redcliffe@openminds.org.au or you can post it toPO Box 636, Redcliffe QLD 4020 | **Who Can apply?**We are looking for young people aged between 16 and 25 to join the group.**We want you to apply if:****you have had your own experiences of feeling depressed, anxious or another mental health issue****you have a friend or family member who has/or had a mental illness or drug addiction****you feel passionate about and are interested in mental health issues****We are also keen to hear the voices of:****Indigenous young people****young people from different cultural backgrounds****young people from rural and remote areas****gay, lesbian, bisexual and transgender young people, and****young people who have been homeless** |
| **Expressions of interest open** |

**Application Form**

**headspace Redcliffe Youth Reference Group**

*On completion of this form please forward to* ***headspace*** *Redcliffe via email at* ***headspace****.Redcliffe@openminds.org.au* *or post to us at PO Box 636, Redcliffe QLD 4020*

**Personal Details**

**Name Click here to enter text.**

**Phone Click here to enter text.**

**Email Click here to enter text.**

**Address Click here to enter text.**

**Date of Birth Click here to enter text. Age Click here to enter text.**

**Gender Click here to enter text.**

**What language/s do you speak at home?**

Click here to enter text.

**Where were you born?**

Click here to enter text.

**Are you Aboriginal or Torres Strait Islander?**

Click here to enter text.

**Are you from a rural or remote area?**

Click here to enter text.

**Do you have a family member with a mental illness?**

Click here to enter text.

**Do you identify as having/had a mental illness?**

Click here to enter text.

**Is this something that you would be happy (and feel comfortable) talking about?**

Click here to enter text.

**About You**

**Please tell us a bit about yourself**

***(For example: I am 15 years old and attend alternative education centre 3 days a week, I like skate-boarding etc)***

Click here to enter text.

**Please describe why you are interested in becoming a Youth Reference Group member**

Click here to enter text.

**What skills and ideas could you bring to the Youth Reference Group?**

Click here to enter text.

**Are you involved in any other organisations? If yes, which ones and what is your involvement?**

Click here to enter text.

**Please describe some of the mental health issues you think affect young people today?**

Click here to enter text.

**Tell us about your ability to work as part of a team:**

Click here to enter text.

**Tell us about the strategies you will use to balance school/work/YRG commitments?**

Click here to enter text.

**Will you be able to travel to and from meetings/events? YES NO**

**Are you able to work flexible hours? YES NO**

*Please make sure you have read the Role Description and Frequently Asked Questions before submitting your application to ensure you are fully aware and comfortable with the details of the role and the expected level of participation. If you have any questions before you submit your application please contact our office on 07 3897 1897 during business hours and ask to speak with the Centre Manager or Community Development Officer.*