

'COPING IN COVID' MUSIC. DANCE. ART. FILM  
COMP FOR AGES 12-25 YEARS

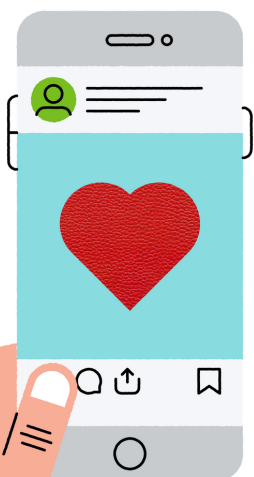
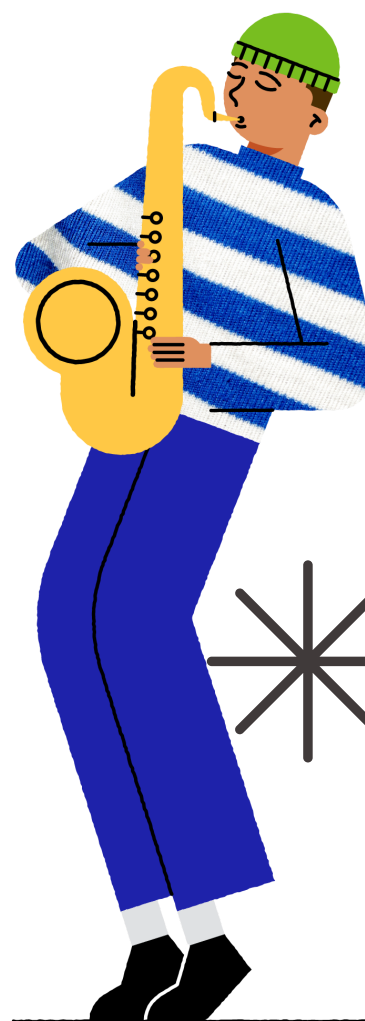


# LOUNGE ROOM'S GOT TALENT

Don't think about it, just do it!

**WRITE A SONG OR POEM;  
CHOREOGRAPH A DANCE;  
CREATE A FILM OR  
DIGITAL ART PIECE**

SEND FILMS & IMAGES TO  
[HEADSPACECE@EACH.COM.AU](mailto:HEADSPACECE@EACH.COM.AU)  
VISIT OUR WEBSITE FOR INSPO  
& MORE DETAILS





# LOUNGE ROOM'S GOT TALENT

COMP OPEN TO AGES 12-25  
ENTRIES CLOSE 1ST MAY 2020

## WHAT TO DO

Create a short film or digital art piece using a hand held device with the theme of 'coping in covid'. It is open to your interpretation so have fun!

**Film:** 1-2min (shot in landscape)

**Art:** photography or photo of art piece i.e collage, painting, drawing

For inspo & example of entry visit:  
[headspace.org.au/headspace-centres/port-macquarie/](https://headspace.org.au/headspace-centres/port-macquarie/)



## PRIZES

Winners will be announced live on  
headspace Port Macquarie FB  
01/05/2020 at 5pm AEST  
1st place: \$75 visa card  
Runner up: \$25 visa card

