

Parent Information Evening

Topic: Building Resilient Teens

Presented by:
Carla Crossman - Psychologist,
headspace Osborne Park

Parents and carers are invited to attend this **free** information evening to learn more about:

- Teenage development
- Youth mental health
- What 'resilience' is all about
- Fostering resilience in your young person; and
- Useful links for information and support

Got a question for the presenter but don't feel comfortable asking in a group?
Email it to info@headspaceospk.com.au
to be read out anonymously on the night

When

Tuesday 22 November 2016
7:00pm - 9.00pm

Where

Shenton College
227 Stubbs Terrace,
Shenton Park WA 6008

Registration

Please register by COB Friday 18 November
[Click here](#) to register your attendance
or visit www.subiaco.wa.gov.au/events

Places are limited

