# **INCLUSIVE CLASSROOMS**

## START HERE

## Simply put, students have higher grades and attendence when LGBTQIA+ people feel welcome and supported.

Whether it's responding to a school incident, supporting a student, celebrating diversity, to inspire your assemblies, or reinvigorating core curriculum -Minus18 is here to guide you through LGBTQIA+ content.

For those looking to bring LGBTQIA+ inclusion workshops to their school, your first step should be to get in touch with Minus18.

**CAMERON BACHOLER DEPUTY PRINCIPAL, KNOX SCHOOL** 

## We measure our impact

95% of participants would recommend our workshops and training to others.

95% of participations felt better prepared to support their LGBTQIA+ peers afterwards.

91% of participants said their questions were answered by Minus18 presenters.

## **100% OF PROCEEDS SUPPORT** LGBTQIA+ YOUTH

Our training is about supporting LGBTQIA+ people of **all** ages, with the added bonus that 100% of proceeds go towards improving the lives of LGBTQIA+ youth Australia wide.



## **YOUTH EVENTS**

Making friends and having safe community builds confidence and improves mental health. Minus18 host free youth events across Melbourne, Sydney and Adelaide to give young people a space to truly be themselves. across Australia.



## WORKSHOPS

Providing schools and community groups access to training can often be prohibited by cost. Proceeds from working with Minus18 provide education to schools and community groups right



## PEER SUPPORT

We offer peer support through articles, interviews and video content, so young people are able to access free help online no matter what part of Australia they're from - or the support they have from their school or families.





RECOMMENDED TRAINING PROVIDER



# **BRANNG** SCHOOLS



# **STUDENT WORKSHOPS**

## **Sexuality and Gender** Workshop

- up to 60 students Ť
- P vear 7-12
- Ð 60 - 120 minutes

Introduce your students to the basics of sexuality and gender identity through an interactive and engaging workshop.

#### Learning outcomes:

- » LGBTQIA+ identities, concepts and terminoloay.
- » Empathy and connection through relatable, personal stories.
- Experiences and barriers of students who are LGBTQIA+
- » Celebrating diversity and respecting each other
- » Explore ways to take action and safely support peers.
- » Interactive and accessible.

## MOST POPULAR

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Developed to support the DET curriculum and Respectful **Relationships program** 

## **Sexuality and Gender** Forum

✤ up to 150 students

year 7-12

60 - 120 minutes Ð

Engage a whole year level — using a mix of personal stories and empathy driven activities, we guide students through sexuality and gender identity.

## Learning outcomes:

- » LGBTQIA+ identities, concepts and terminology
- » Empathy and connection through relatable, personal stories.
- » Experiences and barriers of students who are LGBTQIA+
- » Celebrating diversity and respecting each other.
- » Explore ways to take action and safely support peers.
- » Accessible approach for larger audiences.

## LGBTOIA+ Student Leadership

#### up to 60 students Ť

- vear 7-12
- 45 90 minutes Θ

Equip your LGBTQIA+ students or Pride Group with resilience and the tools to become positive leaders in their community.

## Learning outcomes:

- » Hear from LGBTQIA+ presenters, and their inspiring personal narratives.
- » Overview of LGBTQIA+ terminology and definitions - ensuring everyone's on the same page.
- » Understand the challenges faced by LGBTQIA+ people, and learn how to overcome these.
- » How to access support, and practice positive mental health habits.
- » Engage in a number of activities to explore and empower leadership within school and broader communities.

## **Assembly Speeches** and Keynotes

- unlimited students ¥
- 8 vear 7-12
- 10 30 minutes Ø

Inspire your students, staff or parents with a keynote that weaves personal experience with LGBTQIA+ empowerment.

## Learning outcomes:

- » Empower positive change by developing empathy for LGBTQIA+ youth
- » Real experiences from trained Minus18 presenters about their journey with their own identities and navigating this at school

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- » Evidence based barriers LGBTQIA+ students face at school and home.
- » Practical tools to support LGBTQIA+ students and staff in the classroom and throughout the whole school.



Highly experienced presenters, working with 100s of schools.

We engage with a light-hearted and interactive approach

# **TEACHER TRAINING**



MODULE 1

## **Creating LGBTQIA+ Inclusive Classrooms**

✤ up to 150 school staff any year level 60 - 120 minutes

Explore LGBTQIA+ identities, the barriers students face in everyday life, and empower staff with the tools to become inclusive leaders.

## Staff will leave understanding:

- » Key concepts and definitions of sex, gender and sexuality.
- » LGBTQIA+ lived experiences via our expert workshop presenters as they talk about their personal journeys being LGBTQIA+.



MODULE 2

## **Supporting Trans** and Gender Diverse Students

- up to 150 school staff Ť
- any year level
- Ø 60 - 120 minutes

Learn about the spectrum of transgender and non-binary identities, and explore ways to actively create supportive school environments.

## Staff will leave understanding:

- » The gender spectrum and definitions of varying gender identities.
- » The lived experiences of trans and gender diverse students and staff.
- » Australian-based research examining barriers and discrimination.
- » The experiences and processes of medical and social gender transitioning.
- » How to apply inclusive language and create a positive, inclusive school culture.
- » The tools to build safe and inclusive experiences for staff and students.

#### **MOST POPULAR**

Book now or make an inquiry to find out how Minus18 can best support your school

## MINUS18.ORG.AU