## Youth Ambassador today!

Become a



## Contact

For more information please contact headspace Murray Bridge on 8531 2122 or email Emma at connections@mmgpn.org.au

## Age

The Youth Ambassadors Program is for young people aged 16 - 25 years

neadspace

urrav Bridae

The Youth Ambassador's program is made up of young people aged between 16-25 who are passionate and keen to spread the word in their community about youth mental health and wellbeing.

Youth Ambassadors get the rare opportunity to speak to other young people on relevant topics, present at forums and gain amazing personal and professional development opportunities including (but not limited to):

- Youth Mental Health First Aid Training
- Public speaking and presentation workshopping
- Lived experience/shared stories training
- Plus, the chance to network with potential employers and other motivated young people.

If this sounds like something you would be interested in contact us today!

An Australian Government Initiative