

Basketball & BBQ

Free event!

Join us for some casual basketball and a BBQ- with vegetarian options too! We will be happy to answer questions about what headspace do and where to find us.

- Got a lot going on?
- Clearing your head can help
- There is no shame in talking it out
- Aged 12-25? headspace. Your space. Yarn safe.

Bring comfortable clothes and shoes for indoor basketball!







AlfredHealth

When

Wednesday June 29, 11am-1pm

Where

St Kilda PCYC Basketball Courts

If you'd like a lift from headspace Bentleigh, we will leave at 10AM.

RSVP Contact

Mel Purkiss– 0417 259 237 m.purkiss@alfred.org.au



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tinyurl.com/gqn7wp2