## (External) Group Registration Form



Date (DD/MM/YYYY):	_	
Who is completing this form? $\Box$ Young person $\Box$ Oth	er, please specify – Name:	
	tionship to young person:	
	Contact number:	
	Email:	
If you are completing this form on behalf of the Young Po Does the Young Person have any risk or safety concern If yes, please describe:	erson, do you have their consent? □ Yes □ No s? □ Yes □ No	
Title: 🛛 Miss 🗆 Ms 🗆 Mrs 🗆 Mx 🗆 Master 🗆 Mr	Pronouns:	
Given name (s):		
Preferred name:	Date of birth: Age:	
What gender do you identify as?	]Non-binary □ Other:	
Address:		
Suburb: S	itate and postcode:	
Mobile: Parent/ car	er's ph (if applicable):	
Preferred contact:	Can we send SMS to your bh. mobile? □ Yes □ No We send SMS (mobile appt reminders, and other text message) for recalls and reminders.	
If you provide us with your mobile number or email address, you may get electronic message, considered secure for exchanging highly confidential or sensitive information	s from us. Please note, unencrypted forms of communication can be intercepted and are not	
Are you of Aboriginal descent, Torres Strait Islander des	cent, or both?	
□ Aboriginal □ Torres Strait Islander	□ Both □ Neither	
What cultural background do you identify with?		
In which country were you born?	Other, please specify:	
Do you speak a language other than English at home?	□ No □ Yes:	
Preferred language:	_ Do you require an interpreter?  □ Yes □ No	
Occupation (e.g. student):	List any known allergies:	
Do you have any disabilities/ health conditions?	□ No □ Yes □Unsure	
Do you require mobility assistance?	□ No □ Yes	
Do you currently attend <b>headspace</b> Camperdown? If Yes, please list your current clinicians / care coordinate	□ No □ Yes ors at <b>headspace</b> Camperdown:	

Have you attended a headspace centre in the past?	<ul> <li>□ No</li> <li>□ Yes, headspace Camperdown</li> <li>□ Yes, other headspace centre</li> </ul>
Have you received any mental health treatment in the Are you currently attending any external services?	e last 12 months? □ No □ Yes
If you were provided with any diagnoses, please list:	
How did you hear about headspace Groups?	ommendation □ Other:
NB: We will only contact your emergency contact and next of kin if <b>NEXT OF KIN</b>	
Full name:	Relationship to you:
Contact number:	
EMERGENCY CONTACT (Australian contact)	
Full name:	Relationship to you:
Contact number:	

headspace Camperdown

Once completed, please email this form to <u>headspace.camperdown@sydney.edu.au</u>

Please note that acceptance into the headspace Camperdown group program will be at the discretion of the Clinical Lead and Group co-coordinator.

## headspace Camperdown group programs

Please tick the boxes for the group(s) that you are interested in:

	Age Group	Day and Time
ACTIVE group: An 8 week program aimed to get Young people active and having fun	17 – 25 y.o	Weekly Mon 4pm – 5pm
ARTSpace: A social space to learn about different art processes and connect with others	12 – 25 y.o	Weekly Thurs 4:00pm – 5:30pm
Mind Over Mood: Workshops to help you to manage your behaviour and emotions and teach you skills that help you in your day-to-day life	13 - 17 y.o	<mark>Internal referrals only</mark> Wed 3:00pm – 5:00pm
<b>Headband:</b> A fun program for teens to share their interest in music and have the chance to play an instrument.	12 – 17 y.o	Weekly Wed 4pm – 5:30pm
<b>Q-Group:</b> A supportive space for LGBTQIA+ young people to meet and share ideas	12 – 25 y.o	Fortnightly Tue 4pm – 5:30pm
Autism Social Group: A group for autistic Young People to connect over fun activities, craft and games	17 – 25 y.o	Fortnightly Tue 4pm – 5:30pm
International Students Group: An opportunity for international students to meet, socially connect and discuss common issues important to them.	18 – 25 y.o	First Monday of every month (ON HOLD) Ask your clinician or reception for upcoming dates
<b>Connect:</b> An 8-week program for young people to learn the skills to feel more confident and manage anxiety in social situations.	17 – 25 y.o	Quarterly (ON HOLD) Ask your clinician or reception for upcoming date
(UN)stuck: A 6-week program for young people to skilfully relate to difficult thoughts and emotions	17 – 25 y.o	Quarterly (ON HOLD) Ask your clinician or reception for upcoming date

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