



# edspace@headspace

## information seminars

**What:** Free information and education seminar about anxiety

**Who:** For parents, carers and teachers of young people between the ages of 12 to 25 years. Open to the general public. All welcome!

**RSVP** P: (02) 6298 0300 E: [info@headspacequeanbeyan.org.au](mailto:info@headspacequeanbeyan.org.au)

**Special Location @ Karabar High School**

# Anxiety and young people: how it works and how you can help

**Tuesday 28th June 2016**

**5:30pm for 6pm Start til 7pm.**



**Address:** Karabar High School ( Staff Common Room )  
Donald Rd Queanbeyan NSW 2620

Call headspace on (02) 6298 0300 for more details.

\*Presented by intern psychology students from the Australian National University

**We hope to see you there!**